

JANUARY 2004 –SENIOR NUTRITION MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 HOLIDAY HAPPY NEW YEAR	2 HOLIDAY	3 MENU SUBJECT TO CHANGE	4
5 CHICKEN FRIEND STEAK	6 FLYING SAUCERS	7 BEEF STROGANOFF	8 BAKED CHICKEN	9 MACARONI & CHEESE	10	11
12 HAM & CHEESE SANDWICH	13 CHILI BEANS	14 CHICKEN CACCIATORE	15 ROAST BEEF	16 TUNA SANDWICH	17	18
19 HOLIDAY	20 STEAK RANCHERO	21 ENCHILADA CASSEROLE	22 CHICKEN ADOBO	23 FRIED FISH	24	25
26 SPAGHETTI & MEATBALLS	27 BEEF STEW	28 FRIED CHICKEN	29 POLISH SAUSAGE & SAUERKRAUT	30 BREADED FISH SANDWICH	31	